

Victory Outreach San Francisco
Fasting and Prayer Week
Mon. October 26 to Sat. October 31, 2026

Chose the type of Fast of your choice:

Water fast, Daniel fast, Sun rise to sun set, One meal a day, or chose a different fast each day.

2 Chronicles 7:14 (NKJV) if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.

Matthew 17:20–21 (NKJV) 20 So Jesus said to them, “Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you. **21** However, this kind does not go out except by prayer and fasting.”

Prayer Targets:

Monday: Repentance.

Psalms 139:23–24 (NLT) 23 Search me, O God, and know my heart; test me and know my anxious thoughts. **24** Point out anything in me that offends you, and lead me along the path of everlasting life.

1 John 1:8–9 (NLT) 8 If we claim we have no sin, we are only fooling ourselves and not living in the truth. **9** But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

Tuesday: Strength to be committed to Spiritual Disciples:

Prayer, Fasting, Obeying the Word of God, etc.

Matthew 26:40–41 (NLT) 40 Then he returned to the disciples and found them asleep. He said to Peter, “Couldn’t you watch with me even one hour? **41** Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!”

Colossians 3:23–24 (ESV) 23 Whatever you do, work heartily, as for the Lord and not for men, **24** knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

Wednesday: Spiritual Warfare, Bondages Broken

2 Corinthians 10:3–5 (NLT) **3** We are human, but we don't wage war as humans do. **4** We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. **5** We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ.

Ephesians 6:10–12 (NLT) **10** A final word: Be strong in the Lord and in his mighty power. **11** Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. **12** For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Thursday: Families

Joshua 24:15 (NLT) But if you refuse to serve the LORD, then choose today whom you will serve. Would you prefer the gods your ancestors served beyond the Euphrates? Or will it be the gods of the Amorites in whose land you now live? But as for me and my family, we will serve the LORD."

Acts 16:30–31 (NLT) **30** Then he brought them out and asked, "Sirs, what must I do to be saved?" **31** They replied, "Believe in the Lord Jesus and you will be saved, along with everyone in your household."

Friday: Souls saved and committed to God.

Mark 16:15 (NLT) And then he told them, "Go into all the world and preach the Good News to everyone.

Matthew 28:19–20 (NLT) **19** Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. **20** Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

John 4:35 (NLT) You know the saying, 'Four months between planting and harvest.' But I say, wake up and look around. The fields are already ripe for harvest.

Saturday: Thank God for the Victory

Psalms 100:4–5 (NLT) **4** Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. **5** For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.

1 Corinthians 15:57 (ESV) But thanks be to God, who gives us the victory through our Lord Jesus Christ.

Romans 8:37 (NLT) No, despite all these things, overwhelming victory is ours through Christ, who loved us.